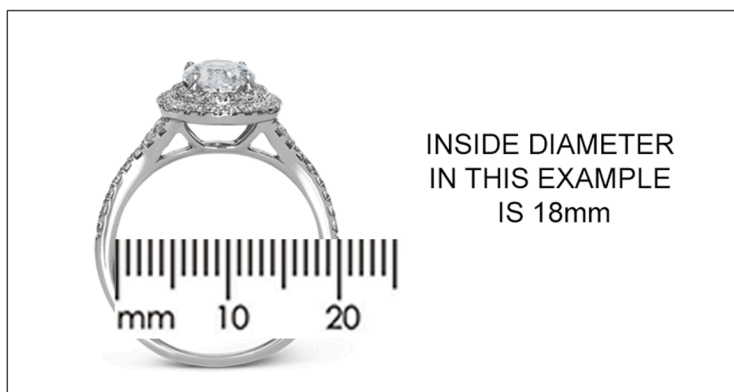


# HOW TO DETERMINE YOUR RING SIZE

This is a basic guide to determine your ring size. Use a ruler and measure the **INSIDE** diameter of an existing ring as per the example below. Once you have done so, refer to the chart at the bottom of this page to find your ring size.



UK size	US size	Inside diameter (mm)	Inside circumference (mm)
A	½	12.04	37.8
B	1	12.45	39.1
C	1½	12.85	40.4
D	2	13.26	41.7
E	2½	13.67	42.9
F	3	14.07	44.2
G	3½	14.48	45.5
H	4	14.88	46.8
I	4½	15.29	48
J	4¾	15.49	48.7
K	5¼	15.9	50
L	5¾	16.31	51.2
M	6¼	16.71	52.5
N	6¾	17.12	53.8
O	7¼	17.53	55.1
P	7¾	17.93	56.3
Q	8¼	18.34	57.6
R	8¾	18.75	58.9
S	9¼	19.15	60.2
T	9¾	19.56	61.4
U	10¼	19.96	62.7
V	10¾	20.37	64
W	11¼	20.78	65.3
X	11¾	21.18	66.6
Y	12¼	21.59	67.8
Z	12½	21.79	68.5